

## **Basic Teaching/Examiner Guidance Notes**

These would include detailed teaching points about the set routines including desired technique. Students will obviously need a basis of French terminology (as with Ballet) due to the art form being originally French. There are basic aims and objectives for the candidates in examinations and they are as follows:

- Demonstrate correct poise and posture
- Demonstrate an awareness of the use of space
- Demonstrate accurate footwork
- Demonstrate an awareness of audience
- Demonstrate an awareness of creative use of movement
- Demonstrate a range of movement within the students' natural capabilities
- Demonstrate a sense of self-expression
- Demonstrate self-confidence
- Demonstrate well rounded knowledge of the art form and safe practice

Obviously all teachers and examiners of Parkour/FreeRunning would be given detailed booklets on all of the above points and how to examine fairly across the board.

A 80-100

B 60-79

C 40-59

N 00-39